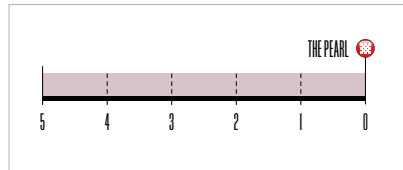


LAST 5 KILOMETRES - ME CATEGORY ONLY



SCHEDULE- ME CATEGORY ONLY

SUNDAY 16 OCTOBER 2016					
ROUTE DETAILS	MEN ELITE			DISTANCE (KM)	
	42 km/h	44 km/h	46 km/h	COMPLETED	TO GO
ASPIRE ZONE (Neutralised start)	10:30	10:30	10:30		
AL GHARRAFA STREET (Actual start)	10:45	10:45	10:45	0.0	257.3
AL DUHAIL INTERCHANGE	10:47	10:47	10:47	1.8	255.5
AL JAMIA STREET	10:53	10:53	10:52	5.9	251.4
QATAR UNIVERSITY	10:56	10:56	10:55	8.1	249.2
DOHA GOLF CLUB	10:58	10:58	10:57	9.6	247.7
AL KHOR ROAD	11:01	11:00	10:59	11.3	246.0
LUSAIL SPORTS COMPLEX	11:13	11:12	11:10	19.8	237.5
AL SAKHAMA	11:27	11:25	11:23	29.6	227.7
UMM GARN	11:39	11:36	11:34	37.9	219.4
TENBEK	11:52	11:49	11:46	47.3	210.0
UMM SUWAIYA	11:56	11:53	11:50	50.3	207.0
UMM AL QAHAH	12:14	12:10	12:07	62.9	194.4
RAS LAFFAN	12:28	12:24	12:19	72.7	184.6
AL THAKHIRA	12:50	12:44	12:39	87.6	169.7
AL KHOR	12:56	12:50	12:44	91.7	165.6
TENBEK	13:12	13:05	12:59	103.0	154.3
LUSAIL SPORTS COMPLEX	13:30	13:23	13:16	116.1	141.2
DOHA GOLF CLUB	13:49	13:40	13:33	128.8	128.5
QATAR UNIVERSITY	13:51	13:42	13:34	130.3	127.0
WEST BAY LAGOON	13:53	13:44	13:37	131.9	125.4
KATARA CULTURAL VILLAGE	13:55	13:46	13:38	133.3	124.0
PIAZZA ARABIA - Circuit Entry	14:00	13:51	13:43	136.9	120.4
THE PEARL MOSQUE	14:01	13:52	13:43	137.2	120.1
LA PLAGE VILLAS SOUTH	14:09	14:00	13:51	143.1	114.2
THE PEARL (1st crossing of the finish line)	14:20	14:10	14:01	150.9	106.4
FEED ZONE	14:21	14:11	14:02	151.4	105.9
PIAZZA ARABIA	14:22	14:12	14:03	152.0	105.3
THE PEARL MOSQUE	14:22	14:12	14:03	152.4	104.9
THE PEARL (2nd crossing of the finish line)	14:42	14:31	14:21	166.1	91.2
THE PEARL (3rd crossing of the finish line)	15:04	14:52	14:41	181.3	76.0
THE PEARL (4th crossing of the finish line)	15:25	15:12	15:01	196.5	60.8
THE PEARL (5th crossing of the finish line)	15:47	15:33	15:21	211.7	45.6
THE PEARL (6th crossing of the finish line)	16:09	15:54	15:40	226.9	30.4
THE PEARL (7th crossing of the finish line)	16:30	16:15	16:00	242.1	15.2
THE PEARL	16:52	16:35	16:20	257.3	0.0